**SF**

**Resources**

SF Access for SU/MH: <https://sf.gov/information/mental-health-and-substance-use-resources>

**Emergency Numbers**

**SF General Hospital Psychiatric Emergency**

1001 Potrero Avenue, San Francisco 94110

(415) 206-8125

**Mobile Crisis Team**

(415)-355-8300

Monday – Friday 9:30am – 11pm

Weekends and Holidays: 12 noon – 8 pm

**Crisis Support Services of Alameda County**   
800-309-2131 7 days 24-hours Crisis Line

[http://www.crisissupport.org](http://www.crisissupport.org/)

**Suicide Prevention Center and Crisis Counseling**

(415) 781-0500

Spanish: (800) 303-SIDA (7432)

**Domestic Violence Resources**

**National Domestic Violence Hotline**

(800) 799-SAFE (7233)

If you are in immediate danger, call 911

**Community United Against Violence**

For LGBTQQ people facing harassment, threats, attacks, and abuse.

(415) 333-HELP (4357)

**Counseling**

**Community Behavioral Health Services**

Offers counseling and other mental health services to residents of San Francisco who receive Medi-Cal benefits, San Francisco Health Plan members, and other San Francisco residents with limited resources.

415 255-3737

[www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS](http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS)

**Alameda County Mental Health Care Services Access Mental Health**

Offers counseling and other mental health services to Alameda County residents who receive Medi-Cal benefits and offers linkage to sliding scale services to residents without Medi-Cal.

800-491-9099

**Counseling, Continued**

**Alliance Health Project**

Offers counseling and other mental health services to residents of San Francisco who receive Medi-Cal benefits, San Francisco Health Plan members, and other San Francisco residents with limited resources.

1930 Market Street, San Francisco, 94102

415-476-3902

[www.ucsf-ahp.org/lgbtq\_services/](http://www.ucsf-ahp.org/lgbtq_services/)

**The Liberation Institute**

Offers sliding scale individual and couples’ counseling based on income.

3150 18th Street, San Francisco, 94110 and

1227A Folsom Street, San Francisco, 94103

[415-606-5296](tel:415-606-5296) ext. 102

<https://www.liberationinstitute.org/about/>

**Queer LifeSpace**

Offers sliding scale individual and couples’ counseling based on income.

2275 Market St., San Francisco, 94114

 (415) 358-2000

<https://www.queerlifespace.org/><http://www.queerlifespace.org/>

**Substance Use Counseling**

**The Stonewall Project**

Offers alternative harm reduction-based treatment to men who have sex with men with drug and alcohol problems.

1035 Market Street, Suite 400, San Francisco, 94103.

Enrollment info: (415) 487-3100

<http://sfaf.org/client-services/manage-your-use>

**Harm Reduction Therapy Center**

Provides non-judgmental approach to helping substance users reduce the negative impacts of drugs and alcohol in their lives.

45 Franklin Street, Suite 320, San Francisco, 94102

Appointments: (415) 863-4282

[http://harmreductiontherapy.org](http://harmreductiontherapy.org/)

Harm Reduction Therapy Center also offers low fee and no fee services to people with limited income through the Hospitality House:

146 Leavenworth Street, San Francisco, 94102   
(415) 749-2143

<http://hospitalityhouse.org/tenderloin-center>

**East Bay Community Recovery Project**    
2579 San Pablo Ave, Oakland 94612    
(510) 446-7100    
[*http://www.ebcrp.org*](http://www.ebcrp.org/)

**Substance Use Self-Help Groups**

**Alcoholics Anonymous (AA):**

An international fellowship of men and women whose primary purpose is to stay sober and help others achieve sobriety. 1821 Sacramento St., San Francisco, 94109.  For meeting information, call the AA hotline (415) 674-1821.

<https://www.aasf.org/>

**San Francisco Area of Narcotics Anonymous:**

NA hotline: (415) 621-8600 and online at:

[http://www.sfna](http://www.sfna/)

**Northern California Crystal Meth Anonymous**

NorCal CMA 24hr Phone line: 844-363-6384 and online at:

[http://www.norcalcma.org](http://www.norcalcma.org/)

**Substance Use Residential Programs**

**Baker Places**

Provides residential, transitional residential and supportive community housing services for persons with mental health, substance use, and/or HIV/AIDS-related issues.

1000 Brannan Street, Suite 401, San Francisco, 94103

(415) 864-4655

<http://www.bakerplaces.org/>

**Ohlhoff Recovery**

Provides programs for adults and adolescents in recovery from substance abuse and chemical dependency.

601 Steiner Street, San Francisco 94117

(877) 677-4543

<http://www.ohlhoff.org/>

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| **County** | **Service Name and Description** | **Phone** |
| Alameda | Alameda County Behavioral Health ACCESS Program  *Acute crisis care and evaluation for system-wide services* | 1-800-491-9099 |
| Alameda | Berkeley Mental Health Mobile Crisis Team  *Crisis response for residents of Berkeley and Albany*  *10:30am-11pm 7 days a week* | 510-981-5254 |
| Alameda | Crisis Support Services (CSS) of Alameda County  *24 hr crisis line for Alameda County residents* | 1-800-273-8255 |
| Alameda | CSS Local Text Line  *For Alameda County residents*  *4pm-11pm 7 days a week* | Text “SAFE” to 20121 |
| Alameda | Sausal Creek Outpatient Stabilization Clinic  *Walk-ins accepted for adults who need crisis support*  *2620 26th Ave, Oakland (East Oakland)*  *Mon-Fri 8am-8pm, Sat 8am-4:30pm* | 510-437-2363 |
| Alameda | John George Psychiatric Hospital  *Crisis services via phone and walk-in services*  *2060 Fairmont Dr, San Leandro*  *Available 24/7* | 510-346-7500 |
| San Francisco | Dore Urgent Care Clinic  *Crisis assessment, triage, and basic support services for those experiencing a mental health crisis.*  *52 Dore Street, San Francisco. Phone available 24/7.* | 415-553-3100 |
| San Francisco | Mobile Crisis Unit  *Crisis response services in the community for San Francisco residents. Available Mon-Fri 11am-11pm and Sat-Sun 12-7pm* | 415-970-4000 |
| San Francisco | Psychiatric Emergency Services  *Assessment and inpatient mental health crisis services serving San Francisco 24/7, run by San Francisco General Hospital* | 415-206-8125 |
| All | National Suicide Prevention Lifeline | 1-800-273-TALK |

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| **National/County** | **Service** | **Contact** |
| National | Suicide Hotline  *24/7 local referrals* | **(800) 273-8255**   (888) 628-9454 (Espanol) |
| National | The TrevorLifeline provides support to LGBTQ youths and allies in crisis or in need of a safe and  judgment-free place to talk. | 800-788-7386 |
| National | [988 Suicide and Crisis Lifeline](https://988lifeline.org/), which is a national network of local crisis centers that provides free and confidential emotional support to people in a suicidal, mental health and/or substance use crisis, 24 hours a day, 7 days a week in the United States. 988 is accessible via telephone, chat, or text. | **Call or text:**  **988** |
| Youth (12-24)-California | 24/7 statewide emergency line for youth and families in crisis | Call or text:  (800) 843-5200 |

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| **County** | **Service Name and Description** | **Phone** |
| Alameda | Alameda County Behavioral Health ACCESS Program  *Acute crisis care and evaluation for system-wide services* | 1-800-491-9099 |
| Alameda | Berkeley Mental Health Mobile Crisis Team  *Crisis response for residents of Berkeley and Albany*  *10:30am-11pm 7 days a week* | 510-981-5254 |
| San Francisco | Mobile Crisis Unit  *Crisis response services in the community for San Francisco residents. Available Mon-Fri 11am-11pm and Sat-Sun 12-7pm* | 415-970-4000 |
| San Francisco | Police Liaison  *Mental health police liaison for crisis response* | 415-255-3727 |
| San Francisco | Psychiatric Emergency Services  *Assessment and inpatient mental health crisis services serving San Francisco 24/7, run by San Francisco General Hospital* | 415-206-8125 |

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| **County** | **Service Name and Description** | **Phone** |
| Alameda | Alameda County Adult Protective Services | 510-577-3500 |
| Alameda | Alameda County Child Protective Services | 510-259-1800 |
| San Francisco | San Francisco County Adult Protective Services | 415-557-5230 |
| San Francisco | San Francisco County Child Protective Services | 415-558-2650 or  1-800-856-5553 |

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| National | Domestic Violence Hotline  *Care, support and referrals for those who have or are experiencing*  *domestic violence.* | (800) 799-7233 |
| Local Resources | This map is a useful tool for finding domestic violence organizations in your California community. Listings contain hotline numbers and websites for shelters, legal services, and more by location. | https://www.cpedv.org/domestic-violence-organizations-california |

Access free mental health chart: https://www.freeprintshop.org/download/mental\_english.pdf



**Sobering Center Resource Guide**

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**Hospital Emergency Departments**

**California Pacific Medical Center (CPMC)**

Davies 415-600-0600

Pacific 415-600-3333

**Kaiser Permanente Medical Center**

415-833-3300 2425 Geary Blvd

**St. Francis**

415-833-3300 900 Hyde St

**St. Luke’s**

415-641-6625 3555 Cesar Chavez

**St. Mary’s**

415-668-1000 450 Stanyan St

**SF Veteran Affairs Medical Center**

415-221-4810 ext. 2052 4150 Clement St

**UCSF Medical Center**

415-353-1238 605 Parnassus Ave

ED Social Work: 415-353-1981

Health Navigators:

Christina Gnetti: 415-502-2588

Marina Rosenberg: 415-502-3215

**Zuckerberg San Francisco General Hospital**

415-206-8000 1001 Potrero Ave

ED Case Management Referral Pager: (415) 327-1205

PES: 415-206-8125

Urgent Care: 415-206-8053

**Detox Services**

**HealthRight 360 Social Model Detox**

815 Buena Vista West

415-760-5163

* 38-bed unit (located within their residential treatment facility)
* 32 male beds & 6 female beds; ADA accessible
* Average length of stay is 3 to 7 days depending on clinical need
* Detox Clients participate in a morning & evening check-in group and have the option to attend on-site 12-step Meetings (Mon, Wed, & Fri)
* Clients seeking admission to detox should present at hR360’s Intake Department at 1735 Mission Street (at Duboce/13th) Monday through Friday at 8:45am
* Can accommodate monolingual clients, as needed

**Salvation Army Harbor Light Detox Center**

42 McClea Court

* Non-CBHS-funded social model detox facility
* 25 male beds (20 for Veterans, 5 community) & 5 female beds
* Average length of stay depends on Veteran status
* Honorable discharge: up to 90-day stay
* Other-than-honorable or community detox beds are 3 to 7 days; if seeking further treatment, stay can be variable-length
* Detox clients participate in a morning check-in group and have the option to attend an evening 12-step meeting 7-days a week
* For Veteran referrals, clients must present at VA’s Fort Miley Psych Evaluation Services Unit, Bldg. 200, Monday through Friday from 9am to 2pm; clients & providers can call 415.750.6674 to check on availability
* For Non-veteran or community referrals, clients & providers can call the Harbor Light Detox facility at 415.503.3072; Must pay $10 entry fee

**Joe Healy Detox Facility**

120 Page St.

Intake: 415-336-8672

Second floor office: 415-553-3252

Third floor office: 415-553-4490

* Up to 21-day detox facility with 24-hour a day LVN supervision for clients requiring medical assistance with withdrawal from alcohol, opiates, and benzodiazepines
* 2 ADA beds
* 28-beds
* Withdrawal symptoms (present or expected) must be severe enough to require medical assistance
* For admission, all clients require:
  + Physical Exam (Community Detox Referral Form)
  + Labs (including pregnancy test for women)
  + TB Screening (PPD or Chest x-ray done within 6 months\*)
  + Admission paperwork should be completed by primary care provider; if not linked with PCP, can refer to TAP for assistance
  + Shelf-life for these documents is ~ 7 days
  + Clients who are HIV+ are eligible for admission for non-medical detox needs (but must have chest x-ray within 1 month of admission)
* Once off of medication protocol, clients can participate in three check-in groups/day and have the option to attend four 12-step meetings/week
* Languages also include Spanish

**Substance Abuse Outpatient Treatment**

**Alliance Health Project**

415-476-3902 1930 Market St.

* Harm-reduction based individual & group counseling, case management, and mental health services for clients living with HIV & AIDS
* Services include:
  + Individual counseling
  + Group support
  + Assertive case management

**Asian American Recovery Services**

415-541-9404 2166 Hayes St., Suite 303

* Project ADAPT
  + Co-ed substance use & mental health outpatient program(daytime hours only)
  + Located at 2020 Hayes Street (at Clayton)
  + Services include individual & group counseling, alternative therapies (yoga, tai chi, acupuncture), case management, and recreational activities
  + Languages include various Asian languages, call for details
* Lee Woodward Counseling Center for Women
  + Provides gender-specific substance use & mental health services to women (day & evening hours)
  + Services include individual & group counseling, alternative therapies, case management, and recreational activities
  + Childcare available for day & evening services
  + Languages include various Asian languages, call for details

**The Center for Harm Reduction Therapy**

415-863-4282 45 Franklin St., Suite 320

* Comprehensive assessment of substance use, emotional or psychiatric, social and vocational issues
* Brief educational group to orient new clients to the harm reduction model
* Individual therapy centered on collaboratively developed goals
* Trauma-specific treatments
* Group therapy (optional)
* Medication-assisted treatment: psychiatric and addiction medicine, including opiate replacement therapy
* PAYMENT: sliding scale begins at $125 but no cost if eligible and referred through Homeless Youth Alliance (415.216.3781) or Hospitality House (415.749.2100)

**Curry Senior Center**

415-885-2274 333 Turk St.

Our substance abuse program offers counseling and referral for seniors 55 and older. The first program in San Francisco to recognize the alcohol and drug problems faced by seniors, it remains unique in its philosophy and outreach.

For enrolled clients, the Curry substance abuse program includes:

* A women’s group—every Monday afternoon
* A dual diagnosis group—every Tuesday morning
* A support group—every Tuesday and Thursday afternoon

**FSA Deaf Community Counseling Services**

415-474-7310; 415-255-5848 (Video Phone) 1500 Franklin St

* Services include mental health and substance use assessment and therapy, psychiatric medication services, and drop-in case management for referrals to community services, as needed
* Clients must have Medi-cal, Medi-care or be privately insured
* All staff are ASL-trained and competent in video relay and other deaf-assisted devices

**healthRight360 Outpatient Treatment**

1735 Mission St

* Co-ed Harm-reduction based low, moderate, and high-threshold outpatient treatment (day & evening hours)
* 6 month program; 20 hours/week (exceptions made based on individual client schedule)
* Intensive Day Program:
  + Mon—Fri , 9:15am to 2pm and Tues-Wed-Thurs, 6pm to 7pm
  + Clients can self-refer by attending an orientation Monday through Friday at 8:45am sharp at 1735 Mission Street
* Languages include Spanish (individual sessions only)

**Mission Council on Alcohol Abuse for the Spanish Speaking**

415-864-0554 15 A Capp St

Mission Council on Alcohol Abuse for the Spanish Speaking was created in 1978 to provide drug and alcohol outpatient counseling services to individuals and families living in San Francisco Bay Area. Our services have been completely bilingual while maintaining a culturally relevant setting. We service clients from all socio-economical backgrounds and are committed to issues address: i.e. drug and alcohol abuse and its effect on life and families, self-esteem, harm reduction, relapse prevention, aftercare counseling, to allow the individual a functional place in his/her community.

* Outpatient Program:
  + Culturally-specific, bilingual/monolingual Spanish outpatient treatment for substance use
  + Services include individual & group counseling, relapse prevention, UA testing, and 12-step meetings; also provide aftercare counseling & job development
  + 6-month program
  + Sliding-scale fees; no one turned away for lack of funds
* Dry Zone DUI Program:
  + Wet Reckless: 12 hours - $256
  + Multiple-Offender DUI Program
    - 9-month: $1124
    - 12-month: $1521
    - 18-month: $1599
* Family Outpatient Program:
  + Services include individual, group, family, & couples counseling, child enrichment classes and parenting classes
  + Up to 12-month program
  + Sliding-scale fees; no one turned away for lack of funds

**PROP: Positive Reinforcement Opportunity Project**

**415-487-3115 1035 Market St., 4th floor**

The Positive Reinforcement Opportunity Project (PROP) is a 12-week program that uses positive reinforcement to support gay/bisexual men, other men who have sex with men and male-to-female transgender people who choose to stop using Methamphetamines (“Speed,” “Crystal,” “Tina”) without the use of groups or meetings.

Participants agree to visit our PROP sites three times a week for 12 weeks for observed urine testing. The visits are designed to be short, so they should only take a few minutes after the initial.

**Queer Lifespace**

**415-358-2000 2275 Market St., Suite 7**

Queer LifeSpace is a nonprofit counseling agency that seeks to bring sustainable mental health and substance abuse services to the LGBTQQI community. Queer LifeSpace provides long-term, low fee mental health and substance abuse therapy for the queer community.

**Sixth St Self-Help Center (Hospitality House)**

415-369-3040 169 6th St

Services offered include peer counseling, support groups, harm reduction therapy, mental and substance use assessments and treatment, case management services, and employment services.

**Stonewall Project**

415-487-3100 1035 Market St., Suite 400

The Stonewall Project is a family of programs dedicated to providing harm reduction-based counseling, treatment, and support services to gay men, transmen who have sex with men, and other men who have sex with men who are having issues with drugs and/or alcohol. We welcome you wherever you're at, and do not require abstinence for you to receive services.

**Tenderloin Health Services**

415-674-6140 Glide Memorial Church 330 Ellis St.

We supplement GLIDE’s tradition of providing affordable, accessible and quality healthcare, offering a full range of traditional health care services, as well as mental health, substance use disorder treatment, non-Western medicine and specific programs focusing on testing, prevention and treatment of HIV/AIDS, Hepatitis C and diabetes.

**Substance Abuse Residential Treatment**

**Baker Places**

*Baker Street House*

415-567-1498 730 Baker St

These services provide up to 90 days’ of residential treatment though the average length of stay is about 60 days.

Services also available in Polish

*Grove Street House*

415-387-2275 2157 Grove St

This program serves individuals in acute distress resulting from a combination of psychiatric and addiction issues. Clients may stay up to 30 days with the possibility of extending their time for placement or continuing treatment reasons.

Services also available in Spanish

*Jo Ruffin Place*

415-252-1853 333 7th St

These services provide up to 90 days’ of residential treatment though the average length of stay is about 60 days.

Services also available in Spanish, Polish, Tagalog

*Robertson Place*

415-664-1414 921 Lincoln way

These services provide up to 90 days’ of residential treatment though the average length of stay is about 60 days.

Services also available in Spanish

*San Jose Place*

415-282-3789 673 San Jose Ave

These services provide up to 90 days’ of residential treatment though the average length of stay is about 60 days.

Services also av

ailable in Tagalog

**Ferguson Place**

415-864-1515

Program for adults diagnosed with mental illness, drug addiction, and HIV/AIDS. Pay 30% of income; free if no income.

Services also available in Spanish

**Progress Foundation**

*Ashbury House*

415-775-6194 212 Ashbury St

This program is the first licensed treatment setting in California that allows families to remain intact while the mother receives critically needed rehabilitation and treatment services. Mothers who would otherwise be forced to place their children in foster care in order to receive services can choose Ashbury House, a comprehensive family-centered treatment program providing mental health and chemical dependency treatment, parenting education, health services, vocational assistance, and supportive aftercare services.

Services also available in Japanese, Turkish, Russian, French, Krio, and Hebrew.

*Avenues*

415-242-8034 1443 Seventh Ave

Avenues is an acute diversion unit located in San Francisco’s Sunset area. Its purpose is to provide an alternative to hospitalization for single adults. A handicap-accessible program, it has seven bedrooms, a large kitchen, and ample community space to encourage social interaction and reduce isolation. Average length of stay for residents is two weeks.

Services also available in Tagalog and Swahili.

*Carroll House Residential Seniors Program*

415-821-1610 73 Anderson St

This program provides services to adults over age 60. This transitional residential treatment program for seniors is the only rehabilitation and recovery-based 24-hour alternative to institutional treatment, or jail that is designed to meet the needs of behavioral health clients over age 60 in San Francisco.

Services also available in Spanish, Russian, and Pottawa.

*Clay Street Residential*

415-776-4647 2210 Clay St

Established in 1996, Clay is specifically designed for individuals leaving long-term institutionalization who need the support of a transitional program before moving on to more independent living. Clay is a year-long program where clients can unlearn institutional behaviors while building their skills and support network.

Services also available in Spanish and Arabic.

*Cortland House Residential*

415-550-1881 77 Cortland Ave

Cortland House is a transitional residential treatment program. Length of stay can be up to 90 days, during which residents participate in structured day treatment and 24-hour social rehabilitation treatment.

Services also available in German, Spanish, Sign Language, and French.

*Dorine Loso House*

415-346-7775 405 Baker St

Designed primarily for clients returning from often long stays locked in institutions or other long term care settings. The programs offers comprehensive in-house day treatment programs for the residents of the program. The maximum length of stay for the Haight-Ashbury program is one year.

Services also available in Hebrew, Portuguese, and Spanish.

*La Amistad*

415-285-8100 2481 Harrison St

La Amistad emphasizes service to the Spanish-speaking community, with bi-cultural, bi-lingual Spanish-speaking staff available. The program offers day treatment based on client-led treatment plans developed in collaboration with staff. Maximum length of stay is three months.

Services also available in Spanish, German, and Korean.

*La Posada*

415-285-0810 810 Capp St

La Posada is a 10 bed psychiatric crisis residential treatment program. It emphasizes service to the Spanish-speaking community with bi-lingual Spanish-speaking staff on duty 24 hours a day.

Services also available in Spanish, Mien, and Samoan

*Shrader House*

415-668-4166 50 Shrader St

It offers highly structured, 24-hour psychiatric residential treatment for clients ages 18 and older who require intensive treatment during psychiatric crises.

**RAMS Broderick Street Adult Residential Facility**

415-292-1760 1421 Broderick St

RAMS provides board & care, mental health, and medical support services and can accommodate 33 adults. This facility provides long-term stay for clients who are dual and triple diagnosed and hard-to-place, with some of whom are monolingual Asian Americans. Bilingual services are offered, as is the opportunity for clients to work with the Hire-Ability Vocational Services. Admission into the Broderick Street Adult Residential Facility is facilitated through SF DPH-BHS, Community Programs Placement team.

**Mental Health Services**

**African-American Alternatives**

415-401-2607 2712 Mission St

**BVHP Integrated Behavioral Health Program**

415-822-7500 5815 Third St

The Foundation’s Integrated Behavioral Health Program specializes in recovery-oriented treatment for people of all ages. We provide community-based outpatient support, prevention, and early detection for mental health issues. This includes diagnosis, treatment and rehabilitation. We serve residents primarily of the southeastern sector of San Francisco, but any resident of the city is welcome.

Services also available in Spanish and Tagalog.

**Castro Mission Mental Health**

415-934-7702 3850 17th St., Suite 204

**Central City Behavioral Health Services**

415-558-5900 90 Van Ness Ave

Provides a variety of mental health services for seniors (age 60 or over). Services include crisis outreach, psychiatric evaluations, individual, family and group therapy, home visits, medications, case management and referrals to community programs. Provides brief therapy and long-term therapy. Also offers community education and consultations. Will take persons 55 years or older, on an individual basis, who are unable to communicate fluently in English.

Drop-in: Mon-Fri 9-4

Services also available in Spanish, Cantonese, Mandarin, Tagalog, Japanese, Ilocano, Visaya.

**Chinatown North Beach**

415-352-2000 729 Filbert St

Services include psychiatric evaluation, individual therapy/counseling, family intervention, urgent care, medications, group activities, acupuncture for psychiatric disorders, as well as adult/geriatric socialization program recovery center.

Drop-in Mon-Fri 9am-11am Wed & Fri: 1pm-3pm

Services available in Cantonese, Mandarin, Cambodian, Vietnamese, Thai, Fukkien, Chiu Chow, Hainan, Xinhui, Laotion, Taishan

**Curry Senior Center**

415-885-2274 333 Turk St.

Trained in geriatric behavioral health, our counselors foster dignity and respect for seniors in the home-like atmosphere of our Center. Curry provides referral to and coordination with mental health services for seniors dealing with psychosocial challenges such as aging and disability, grief and loss, depression, and substance abuse.

Service also available in Cantonese, Mandarin, Spanish, Japanese

**Dore Urgent Care & Residence**

Clinic: 415-553-3100 Residence: 415-553-3115 52 Dore Alley

The Dore Urgent Care Center (DUCC), a social rehabilitation model approach to crisis intervention. The program is designed to assist SFGH Psychiatric Emergency (PES) and other hospital emergency services by accepting adult clients in psychiatric crisis who do not require hospitalization but who are currently taken to PES for evaluation and assessment.

**FSA Deaf Community Counseling Services**

415-474-7310; 415-255-5848 (Video Phone) 1500 Franklin St

* Services include mental health and substance use assessment and therapy, psychiatric medication services, and drop-in case management for referrals to community services, as needed
* Clients must have Medi-cal, Medi-care or be privately insured
* All staff are ASL-trained and competent in video relay and other deaf-assisted devices

**Grief Related Services at CESP**

415-750-4133 3575 Geary

8-week traumatic loss grief group and individual grief counseling

**HealthRight 360 Outpatient Program**

415-762-3700 1735 Mission St

Once enrolled in the Outpatient Program, participants are assigned a Care Coordinator to assist the participant in identifying their specific needs and goals, to help target the issues and challenges they want to address while in Outpatient treatment. Collaboratively they create a 90 day treatment plans targeting participants individual goals, objectives and interventions. This promotes positive behavior change and supports enhancement of positive coping skills to help participants remain safe and effective in their daily lives.

Services also available in Spanish

**HIV Mental Health Case Management**

415-642-4500 755 South Van Ness

Individual and group psychotherapy, medication evaluation and management, psychiatric evaluations.

Services also available in Spanish

**Hospice by the Bay**

415-526-5699 180 Redwood St., Suite 350

Hospice by the Bay is a resource and provider of hospice and palliative care services necessary for attaining quality of life and will set the standard for compassionate care and support in the Bay Area.

Free drop-in Grief Support Group - Thursdays, ongoing, Noon-1pm

**JFCS Adult Outpatient Mental Health – Judah**

415-449-2900 2534 Judah St

Services include individual counseling for people experiencing anxiety, depression, loss, bereavement, difficulty adjusting, or other mental health issues; marital and family counseling; problem-solving skill development; assessments and consultations about mental health concerns; assessment and management of psychiatric medications.

Services also available in Russian.

**Langley Porter**

(415) 476-7000 (appointments) 401 Parnassus Avenue

The Adult Inpatient Program is a 22-bed acute psychiatric service. We use a biopsychosocial approach in the treatment of adults 18 years and older who suffer from severe behavioral and emotional disturbances. The unit operates 24 hours per day, 365 days a year. Admission is arranged by a referral from a mental health clinician.

Stephen Wilson (adult inpatient unit social worker) 415-476-7413 pager: 415-443-4870

Chris Radke-Schmidt (adult inpatient unit social worker) 415-476-7215

**Mission Mental Health**

415-401-2700 2712 Mission St

Drop-in hours Mon-Fri 9-11am

**Mobile Crisis Team: Psych Crisis Intervention**

415-970-4000

The Mobile Crisis Treatment Team is made up of a diverse multidisciplinary staff providing psychiatric crisis intervention services for adults located in the City and County of San Francisco.

Monday through Friday 8:30 AM to 11 PM (last field visit at 10PM)  
Saturdays and Holidays  12 Noon to  8 PM  (last field visit at 7PM)  
[Closed Sundays]

Services Provided:  
•    Emergency crisis assessment/intervention services conducted in the field  
•    Early intervention before situation escalates to critical crisis point  
•    Consultation services provided to consumers, housing/support systems, mental health providers, and other concerned parties  
•    Assistance with linkage to outpatient mental health services  
•    5150 evaluation capacity and determination of appropriate level of care  
•    Short-term medication services may be available  
•    Spanish, Russian, and Cantonese/Mandarin speaking staff (schedules vary)  
•    Available to all adult residents (at least 18 years old), regardless of payer source

**OMI Family Center**

415-452-2200 1701 Ocean Ave

Drop-in: Mon, Tue, Thu, Fri: 9-10am Wed 11am-12pm

Short term solution-focused group and individual counseling, case management, medication management, information and referrals.

Services also available in Cantonese, Spanish, and Russian.

**RAMS Outpatient Clinic**

415-668-5955 3626 Balboa St.

The Outpatient Clinic provides the following services for adult/older adult residents of San Francisco, with an emphasis on serving those in the Richmond District:

* Individual, Group and Family Counseling/Psychotherapy
* Case Management
* Peer Counseling and Support
* Psychological Assessment and Testing
* Psychiatric Evaluation and Medication Management
* Psycho-education
* Consultation and Outreach

**SF First**

415-836-1711 760 Harrison St

**SFGH PES (Psychiatric Emergency Service)**

415-206-8125 1001 Potrero Avenue

Psychiatric Emergency Service: A 24-hour facility with capacity to evaluate and treat psychiatric emergencies for both voluntary and involuntary clients. Provides intensive medical oversight, nursing care, medication support, assessment & reassessment, linkage and referral to ongoing mental health services; has general mental health services and case management with the capacity to treat patients for up to 20-23 hours to stabilize an acute crisis.

**Southeast Mission Geriatric**

415-337-2400 3905 Mission St

**South of Market Mental Health**

415-836-1700 760 Harrison St.

Point of entry for adult clients entering Community Mental Health System. Provides short-term psychotherapy, clinical case management, medication if appropriate and information and referral to individuals in need of counseling services.

Drop-in: Mon, Tue, Thu, Fri 8:30am-1am Wed 1pm-3pm

Services available in Spanish, Tagalog, other Filipino dialects

**Sunset Mental Health**

415-753-7400 1990 41st Ave

Individual, group and family therapy, and medication. Adult socialization program. Children's programs. Serves all ages. Mandarin, Cantonese, Russian. Sliding scale, Medi-Cal accepted.

Drop-in Mon-Fri 9am-10am; 1-3pm

**Westside Crisis Clinic**

415-355-0311 245 11th St

Suicide Prevention: Telephone counseling and referral for people who are depressed and suicidal. Mental Health and drug service information and referral available 24 hours a day. Drug relapse prevention support available 24 hours a day. Support for those with HIV and AIDS available 5 p.m. to 5 a.m.

**Primary Care Clinics**

**Castro Mission Health Center**

415-934-7700 3850 17th St

**Chinatown Public Health Center**

415-364-7600 1490 Mason St

**Curry Senior Center**

415-885-2274 333 Turk St

**Family Health Center at ZSFGH**

415-206-5252 995 Potrero Ave

**GMC Richard Fine People’s Clinic (formerly General Medicine Clinic)**

415-206-8494 1001 Potrero Ave

**Maxine Hall Health Center**

415-292-1300 1301 Pierce St

**Ocean Park Health Center**

415-682-1900 24th St Ave

**Potrero Hill Health Center**

415-920-1250 1050 Wisconsin St

**Silver Avenue Family Health Center**

415-657-1700 1525 Silver Ave

**Southeast Health Center**

415-671-7000 2401 Keith St

**Tom Waddell Urban Health Clinic**

415-674-6308 230 Golden Gate

Mon-Fri 8-5pm Thurs 1-5pm

**Tom Waddell Urgent Care**

415-355-7451; 415-355-7400 50 Ivy St

Mon-Fri 8:30-6:30pm Sat 8:30-5pm

**SF DPH Departments**

|  |  |  |
| --- | --- | --- |
| **Department** | **Phone Number** | **Location** |
| Anesthesia | 206-5693 | 4M |
| Breast | 206-8265 | 3M |
| Burn/Wound Clinic | 206-8287 | 4C |
| Cardiology | 206-4619 |  |
| Dermatology | 206-4725 | 92 |
| Dimensions | 934-7717 | CMHC |
| Echocardiogram | 206-8315 | 4J |
| EKG | 206-8330 | 4C |
| EEG | 206-4636 | 4C |
| Endocrinology | 206-4725 | 92 |
| ENT | 206-5476 | 4M |
| ETT | 206-8315 | 4J |
| GI/Hepato | 206-8823 | 3D |
| Hand | 206-8265 | 3M |
| Health at Home | 759-4700 |  |
| Hematology | 206-2406 | 86 |
| Mammography | 206-4965 | Avon |
| NCS/EMG | 206-4420 | 4M |
| Nephrology | 206-8677 | 4M |
| Neuropsychology | 206-5666 | 7G |
| Neurosurgery | 206-4420 | 4M |
| Oncology | 206-2407 | 86 |
| Opthal/Optom | 206-8025 | 4M |
| Oral/Maxilary | 206-8104 | 1N |
| Ortho | 206-8265 | 3M |
| Pain | 206-4725 | 92 |
| Pathology | 206-8212 | Bldg 3 102 |
| Patient Experience | 206-5176 |  |
| PFT | 206-8335 | 5K |
| Pharmacy | 206-3730 |  |
| Plastic | 206-8265 | 3M |
| Psych ER (PES) | 206-8125 |  |
| Pulmonary | 206-8494 | 1M |
| Quality Management | 206-5125 |  |
| Radiology | 206-8020 |  |
| Rheumatology | 206-4777 | Ward 92 |
| Risk Management | 206-2549 |  |
| Surgery | 206-8265 | 3M |
| Urgent Care | 206-8052 | Ward 81 |
| Urology | 206-8265 | 3M |
| Vascular | 206-8265 | 3M |

**Drop In Centers**

**Glide Walk-in Center**

415-671-1100 330 Ellis St.

The WALK-IN CENTER (WIC) allows healing to begin with a place to sit, someone to hear your story, a toothbrush, and a bed for the night. We can provide referrals, shelter, help replace a lost birth certificate, assist you with enrolling in benefits, get you help, and partner with you in goal-setting or understanding your needed next steps.

Monday – Thursday: 8:30am – 1pm and 2pm – 4:30pm  
Friday: 8:30am – 1pm

**La Casa de Las Madres**

415-503-0500 1663 Mission St., Suite 225

Monday-Friday 9am-5pm

La Casa de las Madres’ Drop In Center embodies our commitment to providing a comprehensive continuum of care for victims and survivors of domestic violence.

Our Drop In Center offers expansive need-based intervention and support to domestic violence victims and survivors of all ages.  Our free, confidential services include:

* Crisis response and intervention
* Safety planning and risk assessment
* Counseling
* Support groups
* Intakes to our Emergency Shelter Program
* Assistance with housing stability
* Economic empowerment
* Safe visitation advocacy
* Restraining order assistance
* Advocacy, information, and referrals for a wide range of legal, medical, housing, therapeutic, and childcare issues

**Mission Neighborhood Resource**

415-869-7977 165 Capp St.

* Safe space during the day and access to bathrooms, showers, and laundry services
* Peer counseling
* Case management
* Shelter reservations

**Shelters**

**CHANGES.** Enroll in person during open hours at one of the sites listed below; no ID needed. You’ll be photographed & get your finger image scanned to create a unique numerical ID. (Your finger image is saved only if you consent, & not shared outside the shelter system). They’ll

ask for a Social Security number, but you don’t have to give it. You’ll need to have or get proof of TB screening.

Once enrolled, you may apply in person after 4:30pm daily for 1-night shelter bed or mat; & call 311 (or 415-701-2311) to get on waiting list for 90-day shelter. At the shelter your finger image will be scanned again but not saved.

If no shelter space is available, you can wait on-site during open hours. LGBTQIQ folks can get on wait list for Jazzie’s Place 90-day shelter at site 1) below.

*Mission Neighborhood*

415-869-7977 165 Capp

Mon, Tu, Wed, Fr 7am-noon, 2-7pm

Th 7am-noon, 2-8pm

Sa 7am-noon.

LGBTQIQ safe space available

*Bayview Hunters Point*

415-671-1100 2111 Jennings

Daily 7-9am, 7-9pm

*Glide Walk-In Center*

101, 415-674-6012 330 Ellis St., Suite 101

M-F 12-9pm

*MSC South*

415-597-7960 525 5th St.

Daily 5pm-1am. 24-hr drop-in center, showers & supportive services available.

**Asian Women’s Shelter**

415-751-0880; 877-751-0880

Priority to women & transgendered survivors of human trafficking or domestic violence, with limited resources, & their kids. Staff speaks Arabic, Cantonese, English, Hindi, Hmong, Japanese, Korean, Laotian, Mandarin, Mien, Russian, Taiwanese, Thai, & Vietnamese; other languages by phone interpreter. From 5pm-9am, calls are answered by Woman, Inc. for crisis

counseling & shelter referrals.

**A Women’s Place Shelter**

415-293-7360 1049 Howard

A Woman’s Place (AWP) provides gender-specific emergency shelter and transitional housing in San Francisco. We are a safe haven for homeless women and survivors (of domestic violence, rape, sexual assault etc) with a comprehensive range of flexible services, including health care, mental health counseling, case management services, and money management. AWP serves trans\* and ciswomen as well as non-binary folks who feel they have nowhere else to go and who have been turned away from other agencies.

**Dolores Shelter Program Santa Marta/Santa Maria**

415-282-6209 1050 South Van Ness

The **Dolores Shelter Program**provides emergency shelter and meal service to dozens individuals every night. The majority of shelter guests are recent immigrants from Latin America, and many work as day-laborers.

Check in at 7pm; curfew at 8pm. Have to check out daily at 7am.

**Episcopal Sanctuary Shelter**

415-487-3300 201 8th St.

A transitional shelter focused on case management for homeless individuals 18 or older. Residents must be capable of self-care. Provides a total of 162 beds for women and 162 beds for men with 24 hour shelter access. Beds are available for 1-night or 90-days through the city's Resource Centers and CHANGES system OR longer term through one's CAAP/PAES/GA worker. CAAP reservations may be of indefinite length (at discretion of CAAP program).

Space for up to 10 pets are available. Restrooms, showers, soap and towels are available. Breakfast and dinner are available to clients. Offers mental health case management, substance abuse case management and groups, and some limited health care on site. No personal bedding may be brought into the shelter, and residents are limited to 2 bags of belongings. Storage is very limited.

**MSC South Shelter**

415-597-7960 x313 525 5th St

Our shelter is the largest homeless shelter in Northern California, offering a wide range of services and assistance programs aimed to improve the basic quality of life for the individuals and families we serve. Each day, we shelter, feed, and support over **340** homeless men and women, in addition to providing drop-in care to another **70** people struggling to find adequate food or shelter throughout the city.

**Next Door**

**415-292-2180 1001 Polk St.**

A transitional shelter focused on case management for homeless individuals 18 or older. Residents must be capable of self-care. Provides a total of 162 beds for women and 162 beds for men with 24 hour shelter access. Beds are available for 1-night or 90-days through the city's Resource Centers and CHANGES system OR longer term through one's CAAP/PAES/GA worker. CAAP reservations may be of indefinite length (at discretion of CAAP program).

Space for up to 10 pets are available. Restrooms, showers, soap and towels are available. Breakfast and dinner are available to clients. Offers mental health case management, substance abuse case management and groups, and some limited health care on site. No personal bedding may be brought into the shelter, and residents are limited to 2 bags of belongings. Storage is very limited.

**Providence Church Shelter**

415-642-0234; 415-431-4785 1601 McKinnon

During the regular season, we operate an emergency shelter site to sleep homeless men, women and families at the Providence Baptist Church (PBC). This site houses up to 125 homeless clients nightly. We operate also at the First Friendship Institutional Baptist Church (FFIBC), located at 501 Steiner Street, San Francisco. We operate this site year round sleeping 25 families or 50 spaces. Hours are daily from 3pm to 8am.

**Rosalie House**

415-255-0165

Our 23 bed emergency shelter offers those fleeing from violence or other forms of domestic abuse a safe, temporary haven for up to 12 weeks.

In addition to providing food and shelter, Rosalie House provides residents with other means of support. These services include:

* Safety Planning
* One-on-One Counseling
* Support Groups
* Case Management
* Parenting Groups
* Legal Assistance
* Employment/Education Referrals
* Housing Search Assistance

**St. Joseph’s Family Center**

415-550-4478, 415-972-1200

Families only. Services include: Three daily meals, on-site case management, counseling, crisis intervention, money management, job search support, parenting workshops, children’s activity programs

**Sober Livings**

1. The Stepping Stone Recovery House 415-751-5921
2. TLC Clean & Sober Living Homes 888-529-0878
3. Gateway SLE 415-892-6852
4. Alcoholics Rehabilitation Association 415-863-3661
5. Good Shepherd Gracenter 415-337-1938
6. Ohlhoff Recovery Programs 415-621-4388
7. New Life Center 415-255-7434
8. Nanny’s Transitional Sober Living 415-401-0500
9. Clean & Sober Housing 415-561-0475

**Domestic Violence Resources**

**Asian Women’s Shelter**

415-751-0880; 877-751-0880

Priority to women & transgendered survivors of human trafficking or domestic violence, with limited resources, & their kids. Staff speaks Arabic, Cantonese, English, Hindi, Hmong, Japanese, Korean, Laotian, Mandarin, Mien, Russian, Taiwanese, Thai, & Vietnamese; other languages by phone interpreter. From 5pm-9am, calls are answered by Woman, Inc. for crisis counseling & shelter referrals.

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**Cameron House**

415-781-0401 ext 101 920 Sacramento

Asian focused. Non-psychiatric individual, couple & family counseling; case management; and support groups.

Drop-in hours Mon-Fri 9:30am-6pm

**Center for Domestic Peace**

415-924-6616

Assistance in obtaining emergency shelter.

**Glide Men in Progress Breaking the Cycle**

415-674-6195 330 Ellis St

Drop-in support for men overcoming violence.

**La Casa de Las Madres**

415-503-0500 1663 Mission St., Suite 225

Monday-Friday 9am-5pp

24 hour Crisis Line: 877-503-1850 (women 18+ call for confidentially located shelter)

La Casa de las Madres’ Drop In Center embodies our commitment to providing a comprehensive continuum of care for victims and survivors of domestic violence.

Our Drop In Center offers expansive need-based intervention and support to domestic violence victims and survivors of all ages.  Our free, confidential services include:

* Crisis response and intervention
* Safety planning and risk assessment
* Counseling
* Support groups
* Intakes to our Emergency Shelter Program
* Assistance with housing stability
* Economic empowerment
* Safe visitation advocacy
* Restraining order assistance
* Advocacy, information, and referrals for a wide range of legal, medical, housing, therapeutic, and childcare issues

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* Support Groups
* Case Management
* Parenting Groups
* Legal Assistance
* Employment/Education Referrals
* Housing Search Assistance

**SF Women Against Rape**

415-647-7273 3543 18th St, 3rd floor, Suite 7

Individual peer counseling, referrals, support groups, case management, medical and legal advocacy/accompaniment, rape prevention and education.

Services available in Arabic, ASL, Bengali, Cantonese, Croatian, Farsi, Filipino, German, Gujarati, Hindi, Korean, Mandarin, Russian, Serbian, Spanish, Tagalog, Turkish, Urdu.

**W.O.M.A.N.**

415-864-4722

W.O.M.A.N., Inc. supports those impacted by violence using an innovative approach to services and programs that build stronger, safer communities.

Services include:

* 24-hour support line: 877-384-3578
* Drop-in support: During drop-in support times, survivors of domestic violence, their friends and/or their family members can meet with a trained advocate for in-person support. In this meeting, we provide peer counseling, safety planning, and referrals. Additionally, survivors, their friends and/or family can learn more about W.O.M.A.N., Inc. services such as our peer support groups, Latinx Program, and therapy.
  + Wednesdays 11am-12:30pm & 5pm-6:30pm
  + Fridays 2pm-3:30pm
* Therapy
* Peer support group
* Latinx Program: offers in-depth case management to Spanish-speaking survivors of domestic violence, and works to support survivors in a culturally appropriate setting. Working collaboratively with a team member, the survivor creates short and long-term goals designed to help overcome the obstacles preventing them from creating a life free of violence.

**Women’s Emergency Shelter**

415-642-0234 916 Laguna

* daily 5pm-7am). Apply Sun 6pm for 7-night stay on shared
* floor mat. M-Sa: claim space 5:30-6:15pm; new guests
* line up 5:30 pm for unclaimed spaces, available 6:15pm.
* Dinner, breakfast. Leave by 7am.

**LGBTQ Resources**

**Alliance Health Project**

415-476-3902 1930 Market Street

The mission of the UCSF Alliance Health Project is to support the mental health and wellness of the lesbian, gay, bisexual, transgender, and queer (LGBTQ) and HIV-affected communities in constructing healthy and meaningful lives. Services provided include:

* PACTS: Psychiatry, Assessment, Crisis, and Triage Services
* ASAP: AIDS and Substance Abuse Program
* PSPS: Psychosocial Support and Prevention Services Program
* HCAT: HIV Counseling and Testing Services
  + HIV testing phone line (415-502-TEST)
  + **Services Center,**[1930 Market Street, San Francisco](http://maps.google.com/maps?q=1930+Market+Street,+San+Francisco,+CA&hl=en&sll=37.76181,-122.435215&sspn=0.008126,0.008272&oq=1930+Ma+Street,+San+Francisco,+CA&hnear=1930+Market+St,+San+Francisco,+California+94102&t=m&z=17)Tuesday: 5:00 PM to 7:00 PM  
    Wednesday:   Noon to 7:00 PM  
    Thursday:   Noon to 7:00 PM  
    Friday:   Noon to 5:00 PM  
    Saturday:   9:00 AM to Noon
  + **Mobile Van**Monday:   6:00 PM to 8:00 PM, 444 Castro Street, SF  
    Saturday:  1:30 PM to 3:30 PM, 501 Castro Street, SF
* Support and therapy groups for:
  + The LGBTQ community
  + People living with HIV
  + People concerned about substance use

**Community United Against Violence (CUAV)**

415-777-5500 427 South Van Ness Ave

Founded in 1979, CUAV works to build the power of LGBTQ (lesbian, gay, bisexual, transgender, queer) communities to transform violence and oppression. We support the healing and leadership of those impacted by abuse and mobilize our broader communities to replace cycles of trauma with cycles of safety and liberation. As part of the larger social justice movement, CUAV works to create truly safe communities where everyone can thrive.

Services include:

* Support groups
* Advocacy-based peer counseling

**Gaylesta, Inc.**

**www.gaylesta.org**

**Gaylesta: The Psychotherapist Association for Gender and Sexual Diversity**, was founded in 1987, established as an unincorporated association in 1988, and incorporated as a non-profit organization in 1997. Since this beginning, Gaylesta has grown to include over 300 mental health professionals. To our knowledge, we are the oldest and largest collection of individuals focused on LGBTQ mental health. Our membership collectively offers a range of services, experience, specializations, and expertise.

**Lyon-Martin Health Services**

**415-565-7667 1748 Market St. Suite 201**

**Lyon-Martin Health Services provides excellent health care to heterosexual women, bisexual women, lesbians and transgender people in a safe and compassionate environment, with sensitivity to sexual orientation and gender identity; all services are regardless of ability to pay.**

**PROP: Positive Reinforcement Opportunity Project**

**415-487-3115 1035 Market St., 4th floor**

The Positive Reinforcement Opportunity Project (PROP) is a 12-week program that uses positive reinforcement to support gay/bisexual men, other men who have sex with men and male-to-female transgender people who choose to stop using Methamphetamines (“Speed,” “Crystal,” “Tina”) without the use of groups or meetings.

Participants agree to visit our PROP sites three times a week for 12 weeks for observed urine testing. The visits are designed to be short, so they should only take a few minutes after the initial.

**Queer Lifespace**

**415-358-2000 2275 Market St., Suite 7**

Queer LifeSpace is a nonprofit counseling agency that seeks to bring sustainable mental health and substance abuse services to the LGBTQQI community. Queer LifeSpace provides long-term, low fee mental health and substance abuse therapy for the queer community.

Groups offered include:

* Queer/LGBTQQI Harm Reduction Group
* Intersex Support Group
* Abstinence/Sobriety in the Queer Community
* Men’s Disability Group
* Queer Women’s Therapy Group
* Gender Spectrum Group
* Men’s Relationship Group

**Stonewall Project**

415-487-3100 1035 Market St., Suite 400

The Stonewall Project is a family of programs dedicated to providing harm reduction-based counseling, treatment, and support services to gay men, transmen who have sex with men, and other men who have sex with men who are having issues with drugs and/or alcohol. We welcome you wherever you're at, and do not require abstinence for you to receive services.

**Trans Employment Program**

415-865-5614 1800 Market St

Transemploymentprogram.org

The Trans Employment Program (TEEI) at the SF LGBT Center is a unique, collaborative program designed to help create inclusive workplaces and jobs for trans and gender non-conforming people. We operate in the SF Bay Area and have connections with partner programs in other cities. The program provides a wide range of services including: job referrals and career coaching, navigating being out at work or transitioning on the job, resume review and managing references, hiring and community event, mentoring, and legal services.

**Transgender Law Center**

510-587-9696

Transgender Law Center is a multidisciplinary organization that advances the movement for transgender and gender non-conforming (TGNC) people using an integrated set of approaches, including strategic litigation, policy advocacy, educational efforts, movement building, and the creation of programs that meet the needs of TGNC communities.

Services include pro bono attorney assistance

**Trans: Thrive Drop In**

415-292-3400 730 Polk St.

“We’re a safe space by and for the transgender community. Connect to community, explore your identity, and grow. You’ll always be respected here.”

**Drop- In Schedule:**  
Tuesday: 2:00pm- 5:00pm  
Wednesday: Drop-In CLOSED  
Thursday, Friday and Saturday: 1:00pm- 5:00pm

Transmasculine Group:  
1st & 3rd Tuesdays of the month, 6:00pm- 7:30pm.  
\*Free HIV testing offered \*\*Trans Folks Only

Other services include:

* Drop-in center with lounge area, computer lab, clothing closet, and library
* Groups and workshops
* Primary medical care
* Mental health therapy
* Needle exchange
* Counseling and case management

**Transgender Recovery Program**

415-762-3705 (Intake)

A program of Walden House. The program provides trans\*-specific interventions in a trauma-informed treatment environment, with dedicated, self-identifying trans\* program staff, supported by other clinicians who are well trained in issues relevant to the tran\* community. Groups, activities, and other services foster a sense of community, belonging, and validation for this population which faces marginalization, victimization, and dehumanizing experiences.

Services address addiction, trauma, and related issues, increase skills, manage stressors, develop meaningful links to needed services and ultimately build a foundation for lasting recovery. Case management strategies link participants internally to the Lyon-Martin Health Services clinic (which provides specialized trans\* primary care), and to HIV testing and counseling. Externally, linkages are made to other key providers including: legal advocacy, job and housing support, and other social supports. Therapists provide individual, group, and family sessions for participants who have coexisting mental health needs.

**Free Payee Services**

**Canon KIP/AARP Volunteers**

415-861-6801

Eligibility criteria: Clts must be over 60 years old.

**Conrad House CS-Ambassador**

415-3659-9227

Eligibility criteria: Formerly homeless from age 25 to 60.

Can provide services in Spanish

**Conrad House CS**

*North* 415-928-0111

*South* 415-558-8767

*CWF* 415-359-9227

*SOMA* 415-836-1784

Eligibility criteria: Provides Representative Payee and money management services for adults with psychological disabilities.

Can provide services in Spanish and Chinese

**Tenderloin Housing Clinic**

415-771-2427

Eligibility criteria: Provides Representative Payee services for disabled adults with a history of homeless or who are in the Tenderloin Housing Clinic Program

**Out of County Detox Resources**

**Palm Avenue Social Model Detox:**

* 15-bed facility
* Average stay 3-5 days
* Located at 2251 Palm Avenue , San Mateo CA
* For referrals or questions, call 650.513.6500

**Cherry Hill Sobering Center/Social Model Detox:**

* 30-50 beds in Sobering Center for >24 hours monitoring for alcohol & drug detox 25-bed Social Model Detox Facility co-located with Sobering
* Average stay 3 to 5 days
* Located at 2035 Fairmont Drive, San Leandro CA
* For referrals or questions, call 510-582-2100