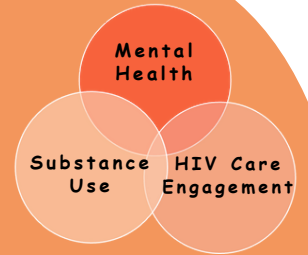




Youth to Text and Telehealth for Engagement in Care

OVERVIEW

12 brief video-counseling sessions & text messaging with counselor to address barriers to HIV care engagement & medication adherence in young adults ages 18-29 with HIV.

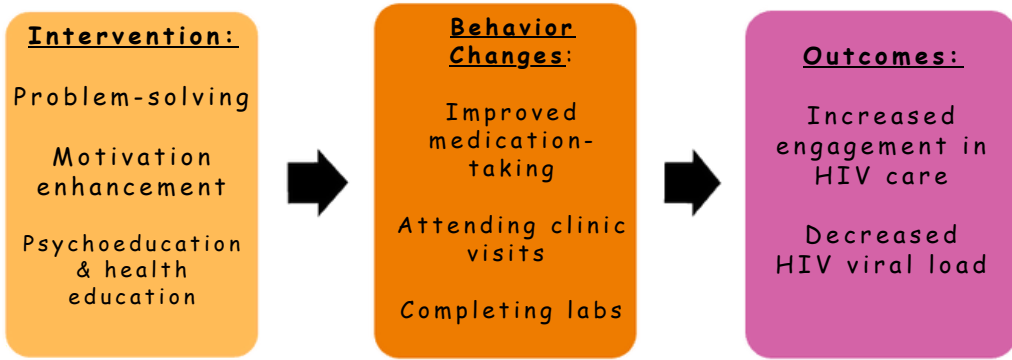


INTEGRATED APPROACH

Y2TEC takes an integrated approach by discussing **HIV care, mental health, & substance use** across sessions.

Sessions are tailored for participants based on assessment in areas of HIV knowledge, mental health symptoms, & substance use frequency & severity.

Y2TEC also includes menu options that are collaboratively chosen from topics such as romantic & sexual relationships, family of origin, social support, identity, disclosure, & current political climate.



TRAINING

Counselors are trained by clinical supervisors in roles & responsibilities, telehealth guidelines, crisis intervention protocols, & delivery methods using the Y2TEC manual & role-plays.

THEORETICAL FRAMEWORK

Based on the Information, Motivation, Behavior skills model using, health education, psychoeducation, motivational interviewing, & problem-solving therapy to help young adults identify & address barriers to HIV care engagement.

Y2TEC Delivery Process

